

**Men Tops**

**Chest"**

XXS	32 - 34
XS	34 - 36
S	36 - 38
M	38 - 40
L	40 - 42
XL	42 - 44
2XL	44 - 46
3XL	46 - 48
4XL	48 - 50
5XL	50 - 52

**Men Bottoms**

**Waist"**

XS	Petite	27 - 29
S		29 - 31
M	Regular	31 - 33
L		33 - 35
XL	Large+	35 - 37
2XL		37 - 39
3XL		39 - 41

- Pick a [tall size](#) if you're 5'10" or above

**Women Tops**

**Bust"**

XS	30 - 32
S	32 - 34
M	34 - 36
L	36 - 38
XL	38 - 40
2XL	40 - 42

**Women Bottoms**

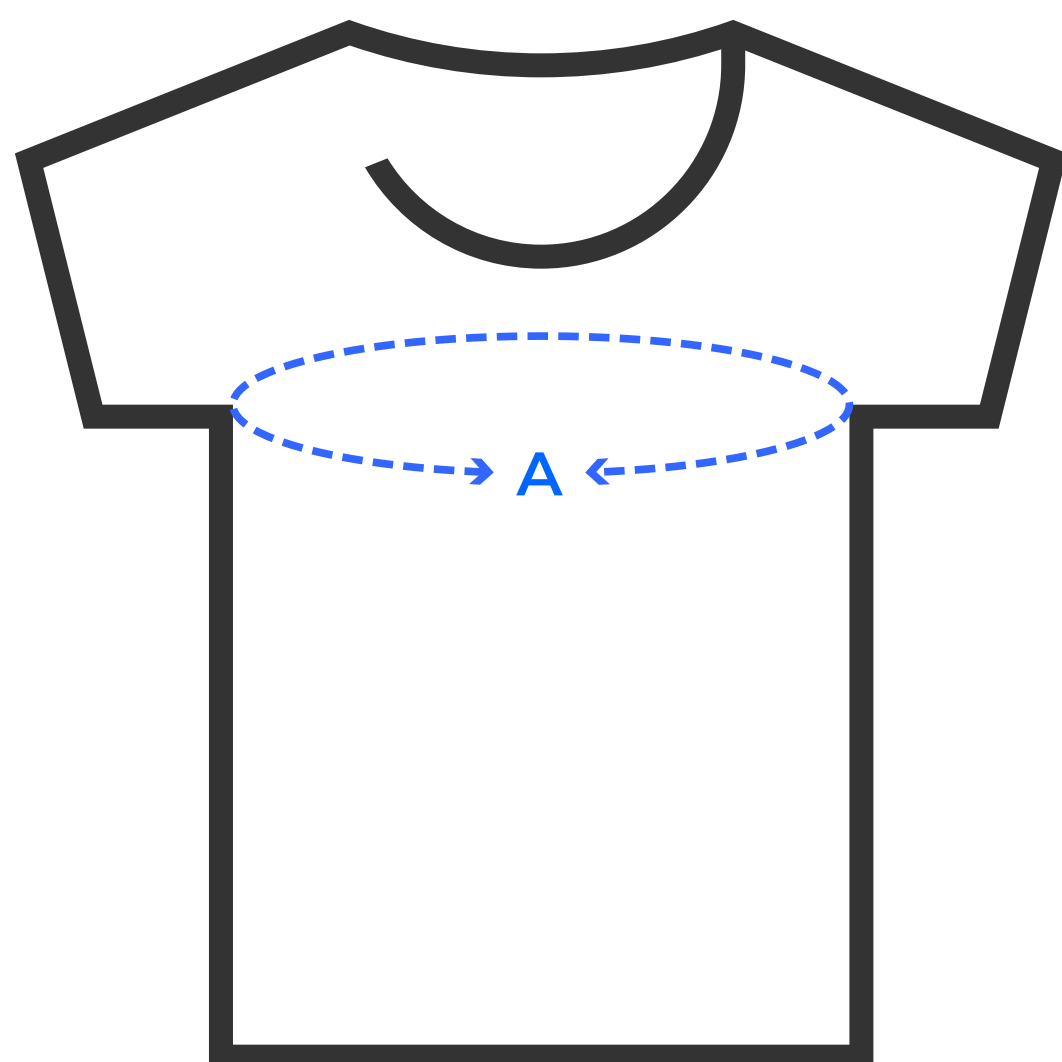
**Waist"**

S	28 - 30
M	30 - 32
L	32 - 34
XL	34 - 36

**Essentials**

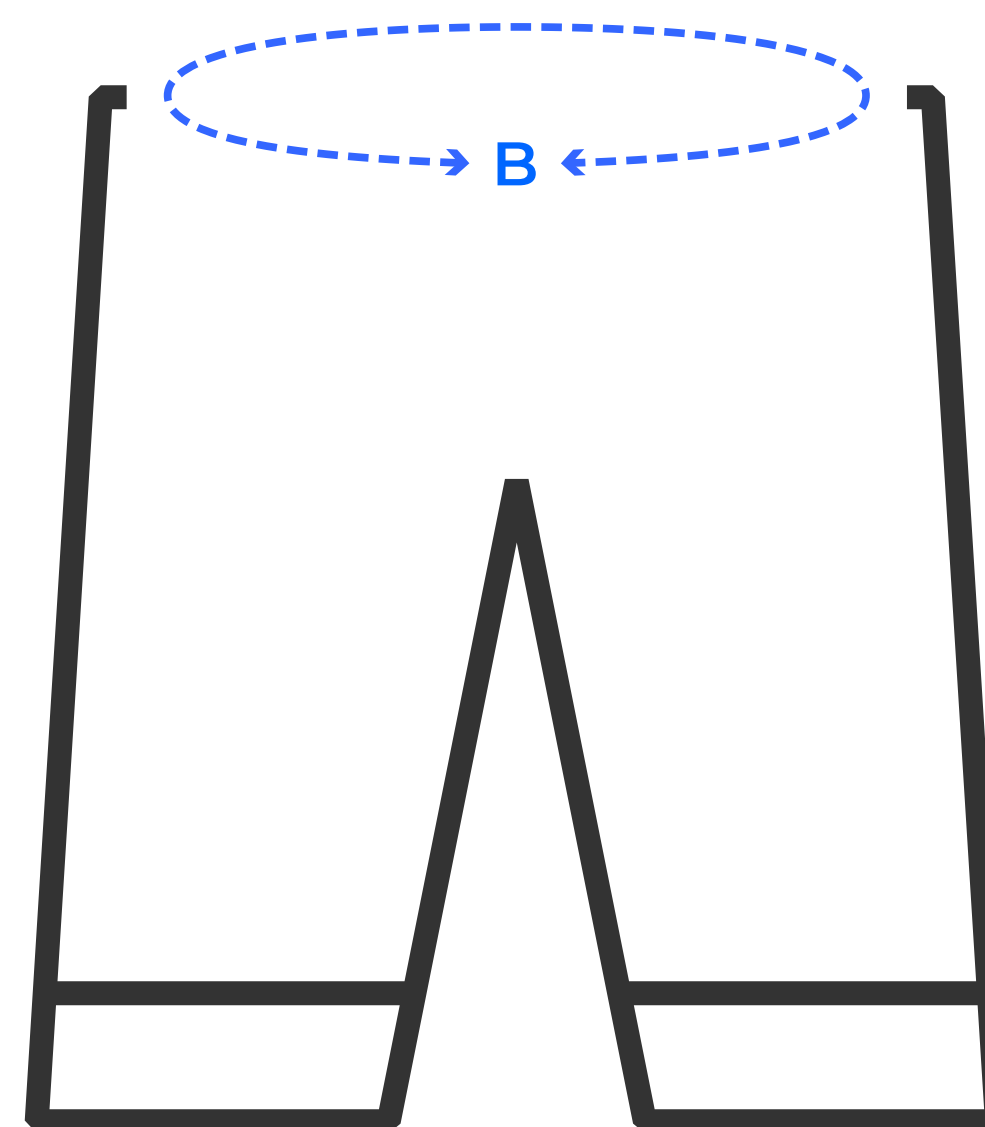
Bath Towel	30 - 57	Apron	One Size
Hair Wrap	One Size	Lintroller	9 - 2½

## How to measure



### A. Chest/Bust

Measure around the chest at its fullest part (2 inches under the armpits). Hold the tape tight against the body so that it doesn't slip down, but not so tight that it restricts breathing.



### B. Waist

Measure around the area just above your hips where you normally wear your pants. Again, hold the tape tight so it doesn't slip down, but not too tight.